

# Tacking onto Current Routines

Current Routine

What could I add?

|                       |  |  |
|-----------------------|--|--|
| Morning Routine       |  |  |
|                       |  |  |
| Midday Routine        |  |  |
|                       |  |  |
| Early Evening Routine |  |  |
|                       |  |  |
| Evening Routine       |  |  |
|                       |  |  |